

Individual and Family Plans

Cigna Health and Life Insurance Company,
Cigna HealthCare of Arizona, Inc.,
Cigna HealthCare of Illinois, Inc. and
Cigna HealthCare of North Carolina, Inc.

ZERO IN ON CONTROLLING DIABETES



Cigna has programs and services available to help make it easier – and more affordable – for you to manage your diabetes. All Cigna health plans offer select diabetic supplies, labs and exams at no extra cost to you. And that means you have less to worry about on your journey towards better health.

All Cigna health plans include:

- \$0 for diabetes management education¹
- \$0 for certain labs and exams, such as:¹
 - A1C test
 - Retinal eye exam
 - Nephropathy screening
- \$0 for covered diabetic supplies on the [Cigna Prescription Drug List](#), such as:¹
 - Test strips for blood glucose monitors
 - Visual reading and urine test strips
 - Various OneTouch® testing preparation items including lancing devices, lancets and test strips
- **Patient Assurance ProgramSM** – Pay no more than \$25 for a 30-day supply (or \$75 for a 90-day supply) of the insulin and diabetes medications listed below. Also, your deductible doesn't apply to these medications.
 - Insulins: Basaglar, Humalog, Humalog Mix, Humulin
 - Non-Insulins: Farxiga, Trulicity, Xigduo XR

If you're not taking a medication on this list you can call your doctor's office and ask if one of these medications will work for you.

The Cigna Diabetes Care Plan

If you have a more advanced form of diabetes, the **Cigna Diabetes Care Plan²** can help you better manage your insulin.

- \$0 for diabetic supplies, such as:
 - Infusion pump maintenance
 - Infusion sets
 - Skin preparation supplies
- \$0 for diabetes-related equipment:
 - DexCom G6 Sensor
 - FreeStyle Libre 10 Day Sensor
 - FreeStyle Libre 14 Day Sensor
 - OneTouch Ultra2 Glucose Meter
 - OneTouch UltraMini Meter
 - OneTouch Verio Flex Meter
 - OneTouch Verio IQ Meter
 - OneTouch Verio Meter
 - OneTouch Verio Reflect Meter

To learn more, contact:

Together, all the way.®



1. If you're a resident of Colorado, you'll need to meet your HSA-plan deductible before your cost-share is \$0 for diabetes care benefits. 2. Not available in CO.

Notice for North Carolina residents: Your actual expenses for covered services may exceed the stated coinsurance percentage or copayment amount because the actual provider charges may not be used to determine plan and member payment obligations.

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